SIGNATURE JOURNEY

Discover Corps

Unforgettable Vacations With Purpose

FAMILY TRAVEL ASSOCIATION MEMBER

COSTA RICA: CLOUD FOREST TO COAST

Help to Protect Costa Rica's Natural Wonders Across Costa Rica

MOMENTS THAT MATTER:

- Hike through the treetops of a cloud forest on hanging bridges
- Lend a hand on a reforestation project and meet children at a local school
- Savor traditional cuisine in a rural village
- Rejuvenate in natural hot springs at the base of a volcano
- Meet the local wildlife by helping at a rescue center
- Spot toucans, sloths and monkeys in the rainforest

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TRIP AT A GLANCE

LA FORTUNA

Day 1 - Arrive and enjoy a welcome dinner

Day 2 - Visit a rural community for a sugar cane juice and tortilla making class, and volunteer at a reforestation project and bathe in hot springs

MONTEVERDE

Day 3 - Learn all about cacao, the source of chocolate and cocoa

Day 4 - Hike along hanging canopy bridges in the Monteverde Cloud Forest

QUEPOS

Day 5 - Relax on the pristine beaches of Manuel Antonio Park

Day 6 - Ride the rapids of the Rio Savegre, or hike through Manuel Antonio National Park

Day 7 - Lend a hand at a wildlife sanctuary

Day 8 - Travel back to San Jose for your flight home

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COSTA RICA: CLOUD FOREST TO COAST

OUR PURPOSE

Be a part of Costa Rica's world-leading sustainability program and help to reverse patterns of deforestation and animal injuries caused by human activity. Volunteer at a rescue center, meet local wildlife and explore the enigmatic cloud forest.

Renowned for its world-class abundance of wildlife and for being the "happiest country on earth," Costa Rica is unrivaled in its natural beauty, from lush rainforests teeming with monkeys, sloths, and toucans to splendid palm-fringed beaches.

Swim in ocean surf, swimming pools, rivers, and hot springs. You will fall in love with the tropical wildlife – butterflies, tree frogs, monkeys, and toucans – while a treetop canopy tour through a cloud forest is an unforgettable adventure.

Costa Rica has an enviable reputation as a leader in sustainability, but it is facing environmental pressure due to its growing population. Deforestation is slowly increasing, and the number of wild animals that are injured by cars and electrical lines continues to grow. In the highlands, spend time with a rural community planting trees and learning about local life. On the Pacific Coast, volunteer at wildlife rescue center and get up close to sloths, spider monkeys, marmosets, and many more species.

HIGHLIGHTS

ARENAL VOLCANO

The mighty Arenal Volcano forms the backdrop for the first part of your trip. Besides the impressive view, this active volcano affords some memorable experiences thanks to its natural hot springs. Enjoy a relaxing dip in the hot springs having spent the morning learning all about the cacao bean, the source of chocolate. The gastronomic delights don't end there, either: the area's also home to Costa Rica's first microbrewery, Lake Arenal, where you'll enjoy an organic, locally sourced meal.

MONTEVERDE CLOUD FOREST RESERVE

Costa Rica is home to some truly stunning natural landscapes, but few are as unforgettable as the mysterious cloud forests. The Monteverde Cloud Forest Reserve is perhaps the best-known example of this environment in the world, home to an amazing 2.5% of the world's biodiversity. You'll navigate the forest canopy on a network of suspended rope bridges which hang in the mist, an incredible way to experience the rainforest; adventurous travelers can also try the cable zip line.

MANUEL ANTONIO NATIONAL PARK

Nowhere better encapsulates Costa Rica's diversity of natural landscapes than the Manuel Antonio National Park, where thick rainforest runs all the way down to unspoiled white sand beaches, and pristine coral reefs lie just offshore beneath the waves. After a few days' hiking through the cloud forest, this is just the place to put your feet up and relax on the beach, while the quaint town of Quepos is home to some great restaurants.

ALTURAS WILDLIFE SANCTUARY

Just as famous as Costa Rica's beautiful landscapes are the critters who inhabit them, and despite the country's status as a leading light in conservation, many of its habitats and animals are at risk. You'll get to meet and help care for some of them at a rescue center, where the residents include sloths, toucans, monkeys, and anteaters. You'll help prepare their meals while learning more about them and Costa Rica's other wildlife.

ITINERARY

DAY 1: Arrive for a Welcome Dinner

Touching down at the airport, you'll be met by your Discover Corps guide for the 2.5 hour journey to our hotel in the charming town of La Fortuna, at the base of the impressive Arenal Volcano. Having settled in, we'll enjoy a welcome dinner before the adventures ahead. *(D)*

DAY 2: Experience a Cooking Class and Help Out at a Reforestation Project

We'll spend the next morning immersing ourselves in local culture, visiting a rural community and experiencing their way of life. You'll enjoy an authentic dance presentation by the school children and demonstration of traditional agricultural methods, before spending a rewarding afternoon assisting a reforestation project. Get involved as you participate in a pure sugar cane juice and tortilla making class a local home. In the afternoon, relax along local hot springs. *(B,L,D)*

DAY 3: Learn About Cacao

Guests with a sweet tooth are in luck this morning, when we'll delve into a hands-on program all about the cacao bean – the source of chocolate and cocoa. We'll learn the story of this crop, from harvesting to production, before enjoying the finished product. In the afternoon, hit the road to Monteverde for a nice dinner and relaxing evening. *(B,L,D)*

DAY 4: Hike Through the Remarkable Cloud Forests of Monteverde

Today, we'll visit what is perhaps Costa Rica's most remarkable natural environment in the form of the Monteverde Cloud Forest Reserve. Here, a staggering 2.5% of the world's biodiversity is represented. We'll explore the rainforest with an unforgettable hike on hanging bridges through the canopy and the clouds – if you're feeling adventurous, you can also try the optional 15-cable zip line. By night, look for nocturnal creatures with an expert naturalist guide. *(B,L,D)*

DAY 5: Beach Relaxation in Manuel Antonio

Departing the forest, we'll head today for Quepos, a lively surf town on Costa Rica's western coast. Costa Rica is a country of mountains, so be prepared for your longest drive today - a five-hour drive through beautiful winding roads with stops along the way.

After your time in the rainforest yesterday and your drive today, the pristine beaches of the surrounding Manuel Antonio are perfect for some relaxation, while Quepos itself is a fun town to explore, making the journey well worth the wait! *(B,L,D)*

DAY 6: Ride the Rapids of the Rio Savegre or Explore Manuel Antonio National Park

If you're feeling adventurous, spend this morning enjoying an optional ride on the Class I and Class II rapids of the Rio Savegre. If you're not much of a thrill seeker, join the rest of the group to hike through the beautiful landscapes of Manuel Antonio National Park, spotting birds and wildlife as you go. *(B,L,D)*

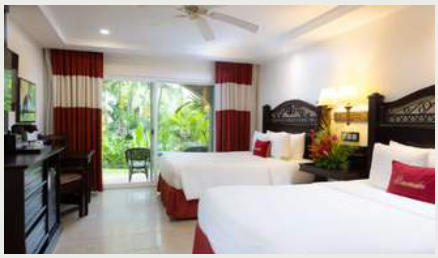
DAY 7: Meet and Care for Local Wildlife at a Sanctuary

Wildlife lovers are in for a treat this morning, as we head to a local wildlife sanctuary, where we'll lend a hand on projects that support its residents. Help to construct enrichment areas for rescued, non-releasable and rehabilitating animals. These activities reduce stress and encourage foraging skills. Residents include birds, monkeys and other Costa Rican mammals.

Tonight, we'll enjoy a farewell dinner together as the group prepares to depart tomorrow! *(B,L,D)*

DAY 8: Return Home

Today, your journey reaches its end, and we'll journey 3 hours back to Juan Santamaria International Airport for your flight home. *(B)*



STANDARD LODGING

Located at the base of the towering Arenal Volcano, unwind in a charming, centrally-located hotel that boasts a pool overlooking an adjacent forest that is home to iguanas, butterflies, and the occasional sloth. Move on to a mountainside hotel surrounded by cozy gardens and lush green landscapes. End the trip with three nights at a locally-owned boutique hotel near the beach surrounded by rainforest. Fall asleep as you listen to the symphony of the forest.

Please note that the exact properties are subject to change.

COSTA RICA: CLOUD FOREST TO COAST

8 DAYS / 7 NIGHTS

SIGNATURE JOURNEY

PRICING

ADULT: $4,795 **CHILD: $4,595**

The above prices reflect the price of double occupancy. Single Room Supplements (SRS) are $1,195 per person. This will guarantee you your own, single occupancy room for the entirety of the trip. If you are a solo traveler and would like us to match you with a roommate of the same gender, please book as double occupancy. Child prices apply to those 16 years younger sharing a room with an adult.

SEE WEBSITE FOR CURRENT LIST OF DEPARTURE DATES

RECOMMENDED FOR

- Adults & children ages 8+
- Travelers who are comfortable with EASY physical activity

WHAT'S INCLUDED

- Double-occupancy lodging for 7 nights
- All meals throughout the duration of the trip
- Transportation in private vehicles
- An immersive itinerary including behind-the-scenes visits to local organizations
- Discover Corps Guide that is there to support, guide, and inform you throughout the trip
- All scheduled activities and excursions
- $50,000 emergency medical evacuation insurance
- Trip literature and pre-departure support from Discover Corps
- 24-hour Discover Corps emergency hotline while traveling

WHAT'S NOT INCLUDED

- Tips for the Discover Corps Guide and Driver
- Adventure supplements ($200/person for ziplining & whitewater rafting)
- International airfare
- Alcoholic beverages
- Laundry services, phone, and internet services

RESERVE YOUR TRIP TODAY

Trips are limited to 16 travelers and do fill. Reserving a trip with Discover Corps is easy. Simply visit our website and fill out the online registration form and pay a $365 deposit and $30 non-refundable booking fee per person. If you have any questions or would like to speak to a Travel Specialist, call/text us at (619) 758-3030 or e-mail us at info@discovercorps.com

CUSTOM / PRIVATE GROUPS

Have a group of 6 or more? We can operate a trip for your group. Whether it's a family reunion, corporate group, alumni association or a professional or student organization, we'll make it easy and turnkey for your group to have an incredible experience.

RETURNING ALUMNI?

We like to reward those who travel with us again and again. Enjoy a $250 discount off our trip if you are a returning Discover Corps traveler.

PAYMENT PLANS

Discover Corps offers monthly payment plan options for all of our trips. Contact us anytime, before or after booking, to sign up for a monthly payment plan or with any questions:

Although unlikely, prices, dates, and accommodations subject to change with a 60 day notice from Discover Corps.

Our Mission

Discover Corps' mission is to inspire travelers to become advocates for our planet's natural wonders, cultural treasures, and local communities through immersive and sustainable travel experiences.

Certified B Corporation

OUR DESTINATIONS

- ALASKA
- AUSTRALIA
- BALI
- BAJA
- BHUTAN
- CHILE
- COSTA RICA
- CUBA
- EGYPT
- GALÁPAGOS ISLANDS
- GREECE
- GUATEMALA
- JAMAICA
- JAPAN
- KENYA
- MOROCCO
- OAXACA
- PERU
- SOUTH AFRICA
- TANZANIA
- THAILAND
- UGANDA
- VIETNAM

FAMILY FRIENDLY ~ SMALL GROUPS ~ POSITIVE LOCAL IMPACT ~ DISTINCTIVE LODGING ~ HANDPICKED GUIDES

Discover Corps
Unforgettable Vacations With Purpose

Visit discovercorps.com/register to place a $395 deposit to hold your space, or reach out to us at the contact information below with questions.

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